



**EASTERN DISTRICT
CROSS COUNTRY RELAY
CHAMPIONSHIPS
SATURDAY 8th OCTOBER 1994
AT
GALASHIELS**

Officials

Referee	I.Clifton
Judges	E.Gunstone (Chief) J.Hamilton,R.Cherrie
Timekeepers	D.Mclaren (Chief) J.Bruce,R.Hutcheson
Recorders	S.Hardacre (Chief) I.Mann,S.Mann,P.Hockley
Assembly/Changeover	R.Pringle,G.Moyes
Declarations/Results	S.Smart (Chief) A.Scott,S.Scott,B.Scott,I.Hislop,J.Jackson
Starter	M.Thom
Clerk of Course	G.Meikle
Course Marshals	Gala Harriers and friends
District Secretary	A.Jackson

The SAF thanks the following for their assistance in running todays event

Kelly Copiers
Lochcarron
Ettrick and Lauderdale District Council
Borders Regional Council
St Johns Ambulance Association
Gala Harriers

TIMETABLE

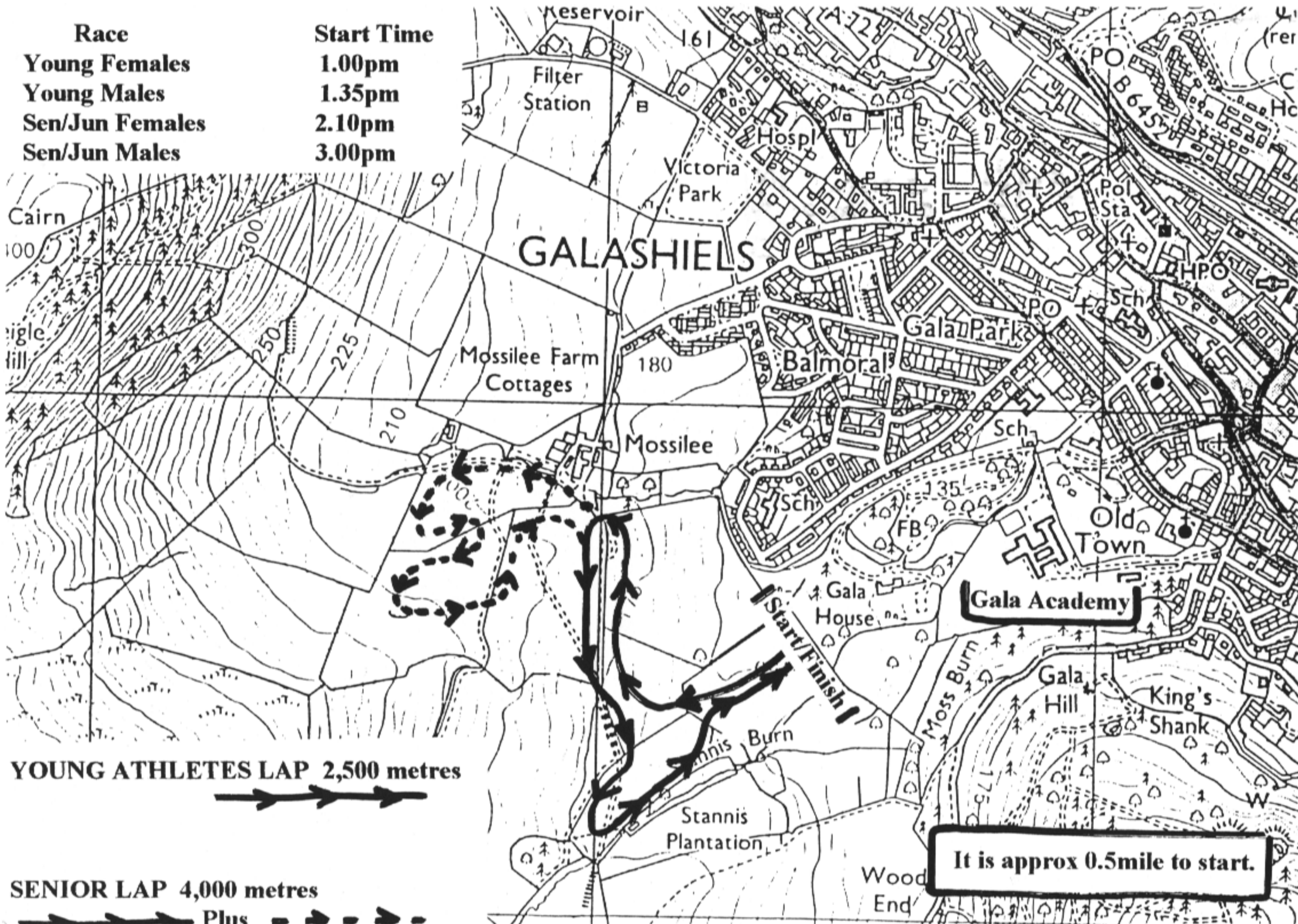
	Declarations Close	Race Starts
Young Females	12.30	1.00
Young Males	1.05	1.35
Senior Females	1.40	2.10
Senior Males	2.30	3.00

In Senior/Junior Men's race only lap colour numbers will be

1st Lap White Numbers
2nd Lap Red Numbers
3rd Lap Blue Numbers
4th Lap White Numbers

START IS APPROX.0.5mile FROM GALA ACADEMY

Race	Start Time
Young Females	1.00pm
Young Males	1.35pm
Sen/Jun Females	2.10pm
Sen/Jun Males	3.00pm



YOUNG FEMALE ATHLETES DISTRICT RELAY CHAMPIONSHIPS

3 X 2,500 metres

1st LAP U13, 2nd LAP U15, 3rd LAP U17.

THE RACE WILL START AT 1.00pm.

Title Holders - Central Region AC

ABERDEEN AAC Colours White with two red stripes Team Nos 61,62,63,64.

BT PITREAVIE AAC Colours White vest with yellow trim Team Nos 65,66,67.

DUNDEE HAWKHILL H Colours Blue/White Quarters Team Nos 68,69,70,71.

EDINBURGH AC Colours White vest with 2 Black diag. stripes Team Nos 72.

JOHN GREIG (BUILDERS)CENTRAL AC Colours Yellow with Blue trim Team Nos 73,74,75.

TEVIOTDALE H. Colours White/Maroon band Team Nos 76,77,78.

TSB CORSTORPHINE AAC Colours White Vest Black Trim Team Nos 79

YOUNG MALE ATHLETES DISTRICT RELAY CHAMPIONSHIPS

3 X 2,500 metres

1st LAP U13, 2nd LAP U15, 3rd LAP U17.

Winning Team to hold the East District Quaich

THE RACE WILL START AT 1.35pm

Title Holders - Corstorphine AAC

ABERDEEN AAC Colours White vest with 2 Red hoops Team Nos 1,2,3,4,5,6,

BT PITREAVIE AAC Colours White vest with Gold trim Team Nos 7,8,9..

DUNDEE HAWKHILL H Colours Blue and White quarters Team Nos 10,11,12,13,14,15..

EDINBURGH AC Colours White with 2 diag Black bands Team Nos 16,17,18,19

EDINBURGH SOUTHERN H Colours White with 2 Blue hoops Team Nos 20,21.

FALKIRK VICTORIA H Colours Black with Gold band Team Nos 22,23,24,25,26.

FIFE AC Colours White with Red band Team Nos 27,28,29,30,31,32..

GEORGE HERIOTS CCC. Colours White with Blue band Team Nos 33,34,35,36,37,38

JOHN GREIG (BUILDERS)CENTRAL AC Colours Yellow with Blue trim Team Nos 39,40,41,42.

LIVINGSTON & D AAC Colours Yellow /Green Stripe Team Nos 43

TEVIOTDALE HARRIERS Colours White with Maroon hoop Team Nos 44,45,46,47,48,49

TSB CORSTORPHINE AAC Colours White vest with Black stripe Team Nos 50,51,52..

SENIOR/JUNIOR FEMALES DISTRICT RELAY CHAMPIONSHIPS

3 X 4,000 metres

THE RACE WILL START AT 2.10pm

Holders ABERDEEN AAC

ABERDEEN AAC Colours White with two Red stripes Team Nos 85

BT PITREAVIE AAC Colours White vest with Yellow trim Team Nos 86

DUNDEE HAWKHILL H. Colours Blue/White Quarters Team Nos 87,88

EDINBURGH WOOLLEN MILL Colours White/Blue/Red Team Nos 89

FALKIRK VICTORIA HARRIERS Colours Black and Gold Team Nos 90.

FMC CARNEGIE HARRIERS Colours Florecent Green and Orange Team Nos 91

LIVINGSTON & DISTRICT AC Colours Yellow with Green vertical stripe Team Nos 92,93,94

SENIOR/JUNIOR MALES DISTRICT RELAY CHAMPIONSHIPS

4 X 4,000metres

THE RACE WILL START AT 3.00pm

Trophy- McKenzie Trophy

Holders LESLIE DEANS RC

ABERDEEN AAC Colours White with 2 Red hoops Team Nos 111,112,113,114,115

BT PITREAVIE AAC Colours White vest with Gold trim Team Nos 116,117

DUNDEE HAWKHILL H Colours Blue and White quarters Team Nos 118,119,120,121

EDINBURGH AC Colours White with 2 Black diag bands Team Nos 122,123,124,125.

EDINBURGH SOUTHERN H Colours White with 2 Blue hoops Team Nos 126,127,128,129

FALKIRK VICTORIA H Colours Black with Gold band Team Nos 130,131,132,133,134.

FERRANTI AAC Colours Yellow With Black letters Team Nos 135,136,137.

FIFE AC Colours White with Red band Team Nos 138,139,140,141.

FMC CARNEGIE HARRIERS Colours Florecent Green & Orange Team Nos 142,143,144.

GALA HARRIERS Colours White with Green band Team Nos 145,146.

GEORGE HERIOTS CCC Colours White with Blue Band Team Nos 147

HADDINGTON ELP Colours Red / White halves Team Nos 148,149,150.

HUNTERS BOG TROTTERS Colours Brown Team Nos 151,152,153.

JOHN GREIG (BUILDERS)CENTRAL AC Colours Yellow with Blue trim Team Nos 154,155,156,157

KINROSS ROAD RUNNERS Colours Yellow/Blue Team Nos 158

LESLIE DEANS RACING CLUB Colours Cobalt Blue Team Nos 159,160,161,162.

LIVINGSTON & D AAC Colours Yellow with Green vertical stripe Team Nos 163,164,165,166

PENICUIK HARRIERS Colours White with Purple front panel Team Nos 167

PERTH STRATHTAY H Colours Orange vest Team Nos 168

TEVIOTDALE HARRIERS Colours White with Maroon hoop Team Nos 169,170,171,172,173,174,175,176

TSR CORSTORPHINE AAC Colours 177 178 179